

# September 2026

## The Carrollton



| Sunday                                                                                                                                                                                             | Monday                                                                                                                                                                                               | Tuesday                                                                                                                                                                                                     | Wednesday                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                                                                                                             | Friday                                                                                                                                                                                                                                                                                 | Saturday                                                                                                                                                                                                                     |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                    |                                                                                                                                                                                                      | 10:00 Sittercise<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>2:00 Horseracing Fun<br>3:30 Pianist & Singer Jeannie Breazeale<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie1 | 10:00 Get Fit While you Sit<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>2:00 Popcorn Party<br>3:30 Wine Down Wednesday<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie2                      | 10:00 Daily Stretches & Exercise<br>10:30 The Daily Chronicles<br>10:30 Catholic Mass<br>11:00 Rosary<br>11:00 Nostalgia Television Time<br>1:00 Lotion Making<br>2:30 Prize Bingo<br>3:30 Outreach Historian Robert Ticknor from The Historic N.O Collection<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie3 | 10:00 Sittercise<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>2:00 Scenic Van Ride<br>3:30 Pianist & Singer Jim Walpole<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie4                                                                                  | 10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>3:00 Table Games - Resident Choice<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie5                                                                   |
| 10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>3:00 Table Games - Resident Choice<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie6                                         | 10:00 Get Fit while you Sit<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>2:00 Horseracing Fun<br>3:30 Memory Ball Toss<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie7 | 10:00 Sittercise<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>2:00 Puzzling<br>3:30 Violinist Sarah Yen Duo<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie8                   | 10:00 Get Fit while you Sit<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>2:00 Threshold Choir NOLA<br>3:30 Wine Down Wednesday<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie9               | 10:00 Daily Stretches & Exercise<br>10:30 The Daily Chronicles<br>10:30 Catholic Mass<br>11:00 Rosary<br>11:00 Nostalgia Television Time<br>12:00 Meal of the Month MC<br>2:30 Prize Bingo<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie10                                                                   | 10:00 Sittercise<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>11:00 Love on a Leash Pet Therapy MC<br>11:30 A Bell to Remember: A 9/11 Remembrance<br>2:00 Scenic Van Ride<br>3:30 Saints Kickoff Party<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie11 | 10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>3:00 Table Games - Resident Choice<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie12                                                                  |
| 10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>3:00 Table Games - Resident Choice<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie13                                        | 10:00 Daily Stretches & Exercise<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>3:30 Reminisce Games<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie14                    | 10:00 Sittercise<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>3:30 Ron Jones & Friends<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie15                                       | 10:00 Get Fit while you Sit<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>2:00 Popcorn Party<br>3:30 Wine Down Wednesday<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie16                     | 10:00 Daily Stretches & Exercise<br>10:30 The Daily Chronicles<br>10:30 Catholic Mass<br>11:00 Rosary<br>11:00 Nostalgia Television Time<br>2:30 Prize Bingo<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie17                                                                                                 | 10:00 Get Fit while you Sit<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>2:00 Scenic Van Ride<br>3:30 Pianist & Singer Tim Nielsen<br>4:30 Relax & Hydrate<br>5:00 Shabbat Dinner<br>6:00 Classic Evening Movie18                                               | 10:00 Senior Tech Help<br>10:30 The Daily Chronicles<br>10:30 Coffee & Beignets with Dwayne<br>11:00 Nostalgia Television Time<br>3:00 Table Games - Resident Choice<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie19 |
| 10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>3:00 Table Games - Resident Choice<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie20                                        | 10:00 Daily Stretches & Exercise<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>3:00 Stroll Down Memory Lane<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie21            | 10:00 Get Fit while you Sit<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>3:30 1st Day of Fall Social<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie22                         | 10:00 Sittercise<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>2:00 Popcorn Party<br>3:30 Wine Down Wednesday<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie23                                | 10:00 Daily Stretches & Exercise<br>10:30 The Daily Chronicles<br>10:30 Catholic Mass<br>11:00 Rosary<br>11:00 Nostalgia Television Time<br>2:30 Prize Bingo<br>3:00 Food presentation with Maple Street Cafe<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie24                                                | 10:00 Get Fit while you Sit<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>11:00 Love on a Leash Pet Therapy MC<br>2:00 Scenic Van Ride<br>3:30 Karaoke With Dwayne<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie25                                       | 10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>3:00 Table Games - Resident Choice<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie26                                                                  |
| 10:30 The Daily Chronicles<br>10:30 Coffee & Beignets with Dwayne<br>11:00 Nostalgia Television Time<br>3:00 Table Games - Resident Choice<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie27 | 10:00 Get Fit while you Sit<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>3:00 Memory Ball Toss<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie28                        | 10:00 Sittercise<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>2:00 Puzzling<br>3:30 Guitarist & Singer Joe Barbara<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie29           | 10:00 Get Fit while you Sit<br>10:30 The Daily Chronicles<br>11:00 Nostalgia Television Time<br>2:00 Popcorn Party<br>3:30 Monthly Birthday Party and Wine Down MC<br>4:30 Relax & Hydrate<br>6:00 Classic Evening Movie30 |                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                              |