

# March 2026

## Carrollton



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Morning Music (MCGR) <b>1</b></p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:45 Relax &amp; Hydrate (MCGR)</b></p> <p><b>3:00 Table Games - Resident Choice (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>2</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:00 Balloon Batting (MCGR)</b></p> <p><b>2:45 Relax &amp; Hydrate (MCGR)</b></p> <p><b>3:30 Familiar Faces Bingo (MCGR)</b></p> <p><b>6:00 Tom Cruise: Mission Impossible (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>3</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:00 Parachutes (MCGR)</b></p> <p><b>2:45 Relax &amp; Hydrate (MCGR)</b></p> <p><b>3:30 Purim (Jewish Holiday) (BFBB)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>4</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:30 Clear the Wall (MCGR)</b></p> <p><b>2:45 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie: Rooster Cogburn (1975) (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>5</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p>10:30 Catholic Mass (LR)</p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:45 Relax &amp; Hydrate (MCGR)</b></p> <p>3:30 Jim &amp; Cindy The Carrollton Clothing Presentation (LC)</p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>6</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:45 Relax &amp; Hydrate (MCGR)</b></p> <p><b>3:00 Depart 3rd Floor for Music (ML)</b></p> <p><b>3:30 Tim Nielsen (LC)</b></p> <p>5:00 Shabbat Dinner (Jewish Community) (PDR)</p> <p><b>6:00 Evening Movie: Goldfinger (1964) (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>7</b></p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:30 Depart 3rd Floor (ML)</b></p> <p><b>3:00 Muggivan School of Irish Dance (LC)</b></p> <p><b>3:00 Table Games - Resident Choice (MCGR)</b></p> <p><b>4:15 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>
<p>9:30 Morning Music (MCGR) <b>8</b></p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:45 Relax &amp; Hydrate (MCGR)</b></p> <p><b>3:00 Table Games - Resident Choice (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>9</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:30 Brain Games: Who Am I (MCGR)</b></p> <p><b>2:45 Relax &amp; Hydrate (MCGR)</b></p> <p><b>3:30 Aroma Therapy and Self Meditation (MR)</b></p> <p><b>6:00 Evening Movie: Look Both Ways (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>10</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:00 Finishing Lines (MCGR)</b></p> <p><b>2:45 Relax &amp; Hydrate (MCGR)</b></p> <p><b>3:00 Depart 3rd Floor (ML)</b></p> <p><b>3:30 Pianist &amp; Singer Ron Jones (LC)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>11</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:00 Threshold Choir NOLA (MCGR)</b></p> <p><b>2:45 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>12</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p>10:30 Catholic Mass (LR)</p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:30 Prize Bingo (MCGR)</b></p> <p><b>2:45 Relax &amp; Hydrate (MCGR)</b></p> <p><b>3:30 Adult Coloring (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>13</b></p> <p>10:00 Love on a Leash Pet Therapy (FEH)</p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:30 Depart 3rd Floor (ML)</b></p> <p><b>3:00 Scenic Van Ride (ML)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>14</b></p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>3:00 Table Games - Resident Choice (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>
<p>9:30 Morning Music (MCGR) <b>15</b></p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>3:00 Table Games - Resident Choice (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>16</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>3:30 Brain Games: Trivia (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>17</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>11:00 Truth or Blarney (MCGR)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:30 Cookie Decorating Contest (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>18</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:00 Balloon Volleyball (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>19</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p>10:30 Catholic Mass (LR)</p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>12:00 St. Joseph's Day Lunch (LC)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>20</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:30 Depart 3rd Floor (ML)</b></p> <p><b>3:00 Scenic Van Ride (ML)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>21</b></p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>3:00 Table Games - Resident Choice (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>
<p>9:30 Morning Music (MCGR) <b>22</b></p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>3:00 Table Games - Resident Choice (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>23</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:00 Adult Coloring (MCGR)</b></p> <p><b>3:30 Brain Games: Retro Bingo TV Show (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>24</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:00 Bowling (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>25</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:00 Bowling (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>26</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p>10:30 Catholic Mass (LR)</p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:30 Prize Bingo (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>27</b></p> <p>10:00 Love on a Leash Pet Therapy (FEH)</p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:30 Depart 3rd Floor (ML)</b></p> <p><b>3:30 Jim Walpole (LC)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>28</b></p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>3:00 Table Games - Resident Choice (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>
<p>9:30 Morning Music (MCGR) <b>29</b></p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>3:00 Table Games - Resident Choice (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>30</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:00 Clear the Wall (MCGR)</b></p> <p><b>3:30 Brain Games: Spintipia Game (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p>9:30 Morning Music (MCGR) <b>31</b></p> <p>10:00 Daily Stretches &amp; Exercise (MCGR)</p> <p><b>10:20 Relax &amp; Hydrate (MCGR)</b></p> <p><b>10:30 The Daily Chronicles (MCGR)</b></p> <p><b>11:00 Music &amp; Relaxation in the Courtyard - Weather Permitting (MCG)</b></p> <p><b>1:30 Leisure Time (MCGR)</b></p> <p><b>2:00 Ball Roll (MCGR)</b></p> <p><b>3:30 Find The Color (MCGR)</b></p> <p><b>4:30 Relax &amp; Hydrate (MCGR)</b></p> <p><b>6:00 Evening Movie (MCGR)</b></p>	<p><b>Locations Legend</b></p> <p>Memory Care Great Room (MCGR)</p> <p>Memory Care Garden (MCG)</p> <p>Main Lobby (ML)</p> <p>La Colonnade (LC)</p> <p>Liberty Room (LR)</p> <p>Front Entry Hall (FEH)</p> <p>Ben Franklin Bar &amp; Bistro (BFBB)</p> <p>Private Dining Room (PDR)</p> <p>Meditation Room (MR)</p>			