

Resident March Birthdays!

Susan Z. March 11th
Michael B. March 12th
Brenda Mc Q. March 12th
Pickens F. March 16th
Happy Birthday from The
Carrollton!

Welcome New Residents!

Benjamin S
Marilyn O.
Earline C.
Harvey M.
Jere G.

We're so glad you're here!

Friendly Reminders

Transportation:

Just a reminder we offer transportation to medical appointments only on Mondays, Tuesdays and Thursdays from 8:00am - 4:00pm. Request for other transportation needs can be requested, however medical appointments will always have priority before non-medical transportation request. Please fill out a transportation request card at the front desk for any transportation needs. On Wednesdays and Friday's van transportation is scheduled for activity outings and shopping trips and other request cannot be made. Thank you so much.

Maintenance Requests:

Please complete maintenance requests with the concierge.

Movie Nights

Movie Nights are Monday, Wednesday & Fridays every week.



**Carrollton
Living**
Celebrating lives.



March 2026

Activity Highlights of the Month

March 2 Arts & Crafts (Wreath)
March 2 Stay Active Class w/Arturo
March 2 Brain Games - Word Maker
March 3 Resident Town Hall Meeting
March 3 Purim (Jewish Holiday)
March 4 Van Ride to Irish Channel
March 4 Stay Active Class with Arturo
March 5 Jim & Cindy Presentation
March 6 Grocery Trip Canseco's Market
March 6 Yoga Class w/ Deborah
March 6 Tim Neilsen
March 7 Tech Help for Seniors
March 8 Sit and Be Fit Wellness
March 8 Prize Bingo with Paige
March 10 Rivertown Optical Eye Exams
March 10 Ron Jones Pianist
March 11 Irish Cultural Museum
March 11 Presentation w/Martin Wine Co.
March 13 Trader Joe's Market
March 13 Mixing with Maintenance
March 13 A New Fitness Class
March 14 Prize Bingo with Paige
March 16 Documentary: Ballyfin: Portrait
March 17 St. Patrick's Day Scavenger Hunt
March 17 Rainbow Coin Toss
March 18 Bone Fish Grill
March 19 Cookie Decorating Contest
March 20 Storytelling with Lori
March 20 Yoga with Deborah
March 20 Making Shamrock Shakes
March 23 Crocheting with Renea



Resident Spotlight **Mary Breaud**

Mrs. Mary Breaud just made her 100 Years old birthday last month in February, she was born in Destrehan, LA. and after marriage she moved to Port Sulphur, LA. and later moved to Gretna, LA. She was married to Richard Breaud for 38 years together they raised 6 children. 4 boys and 2 girls.

Mary worked as a Receptionist at Jefferson Parish Assessor's Office for over 20 Years. Mary enjoys dancing and sit in her quiet apartment and watching TV here at The Carrollton. Mary moved to The Carrollton January 31, 2025 and she loves the food here, the people who assist her with her needs on a daily basis.



March 2026 Activities Calendar



Sign up for outings and shopping trips in the lobby at the front desk.

- Location Keys**
- AC Activities Center
 - BFBB Ben Franklin Bar & Bistro
 - GR Great Room (2nd Floor, North)
 - HHL Henry Howard Library
 - JP Jefferson Parlor
 - LC La Colonnade
 - LR Liberty Room
 - ML Main Lobby
 - MR Meditation Room
 - OC Orangerie Courtyard

“The meeting of preparation with opportunity generates the offspring we call luck.”
— Anthony Robbins



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1 8:00 ☀ Daily Packet [LC] 10:30 🧩 Puzzles in the Parlor [JP] 2:00 ☀ Scrabble with Friends [HHL] 3:30 🚶 Sit and Get Fit Wellness Class [AC]	2 8:00 ☀ Daily Packet [LC] 10:30 🎨 Arts & Crafts (Wreath) [AC] 2:00 🚶 Stay Active Class with Arturo [AC] 3:30 ☀ Brain Games: Word Maker [GR] 6:30 🎬 Movie Night [LR]	3 8:00 ☀ Daily Packet [LC] 11:15 🚶 Get Fit Class with the Therapy Clinic [AC] 2:00 🏛 Resident Town Hall Meeting [LR] 3:30 🕎 Purim (Jewish Holiday) [BFBB] 6:45 🎬 At the Movie Screen Musicals [LR]	4 8:00 ☀ Daily Packet [LC] 10:30 🚶 Van Ride to the Irish Channel Neighborhood [AC] 2:00 🚶 Stay Active Class with Arturo [AC] 3:30 🍷 Wine Down Wednesday [BFBB] 6:30 🎬 Popcorn & Movie Night [LR]	5 8:00 ☀ Daily Packet [LC] 9:30 🚶 Walk the Block [ML] 10:30 🕎 Mass with Reverend Herbert [LR] 11:00 🕎 Rosary [LR] 2:30 ☀ Prize Bingo! [GR] 3:30 🧵 Jim & Cindy Presentation of Carrollton clothing Company [LC]	6 8:00 ☀ Daily Packet [LC] 9:30 🚶 Walk the Block [ML] 10:00 🛒 Weekly Grocery Trip: Canseco's Market 2:00 🚶 All levels Yoga Class with Deborah [AC] 3:30 🎵 Tim Nielsen [LC] 6:30 🎬 Movie Night: Queen of Chess [LR]	7 8:00 ☀ Daily Packet [LC] 9:30 🚶 Walk the Block [ML] 11:00 🧑 Christopher Connolly with Senior Tech Help! [LR] 3:00 🎵 Muggivan School of Irish Dance [LC] 4:00 ⭐ Rummikub [GR]		
	8 Daylight Saving Time Begins 8:00 ☀ Daily Packet [LC] 10:30 🧩 Puzzles in the Parlor [JP] 2:00 ⭐ Prize Bingo with Paige [GR] 3:30 🚶 Sit and Get Fit Wellness Class [AC] 4:00 ☀ Scrabble with Friends [HHL]	9 8:00 ☀ Daily Packet [LC] 10:30 🌿 Aroma Therapy and Self Meditation [MR] 2:00 🚶 Stay Active Class with Arturo [AC] 3:30 ☀ Brain Games: Spintopia [LR] 6:30 🎬 Movie Night: Leave the World Behind [LR]	10 8:00 ☀ Daily Packet [LC] 10:30 🌿 Looking Ahead with Dinah [BFBB] 11:15 🚶 Get Fit Class with the Therapy Clinic [AC] 2:00 🏪 Rivertown Optical Shop with Paul Prouet O.D. [LR] 3:30 🎵 Pianist & Singer Ron Jones [LC] 6:30 🎬 A Night at the Theater (Musical Video) [LR]	11 8:00 ☀ Daily Packet [LC] 9:45 🚶 American Italian Cultural Center with Tour Guide \$ [AC] 2:00 🚶 Stay Active Class with Arturo [AC] 3:30 🍷 Wine Down Wednesday [BFBB] 6:30 🎬 Popcorn & Movie Night: Dangerous Lies [LR]	12 8:00 ☀ Daily Packet [LC] 9:30 🚶 Walk the Block [ML] 10:30 🕎 Mass with Reverend Herbert [LR] 11:00 🕎 Rosary [LR] 12:00 🕎 Meal of the Month will be on the 19th [LC] 2:30 ☀ Shamrock Bingo! [GR]	13 8:00 ☀ Daily Packet [LC] 9:30 🚶 Walk the Block [ML] 10:00 🐾 Love on a Leash Pet Therapy 10:00 ⭐ Play a game of Mahjong [LR] 10:00 🛒 Weekly Grocery Trip: Trader Joe's Market 2:00 🚶 A New Fitness [AC] 3:00 🎵 TGIF: Mixing with Maintenance [BFBB] 6:30 🎬 Movie Night: Redeeming Love [LR]	14 8:00 ☀ Daily Packet [LC] 9:30 🚶 Walk the Block [ML] 2:00 ⭐ Rummikub [GR] 3:30 📖 The Book Club meets [HHL]		
	15 8:00 ☀ Daily Packet [LC] 10:30 🧩 Puzzles in the Parlor [JP] 2:00 ⭐ Prize Bingo with Paige [GR] 3:30 🚶 Sit and Get Fit Wellness Class [AC] 4:00 ☀ Scrabble with Friends [HHL]	16 8:00 ☀ Daily Packet [LC] 10:30 🎬 Documentary: Ballyfin: Portrait of an Irish Country House [LR] 2:00 🚶 Stay Active Class with Arturo [AC] 3:30 ☀ Brain Games: Trivia [LR] 6:30 🎬 Movie Night: Nonnas [LR]	17 St. Patrick's Day Wear any form of Green 8:00 ☀ Daily Packet [LC] 10:30 🌿 St. Patrick's Day Scavenger Hunt 11:15 🚶 Get Fit Class with the Therapy Clinic [AC] 3:30 🌿 Rainbow coin toss - like cornhole [OC]	18 8:00 ☀ Daily Packet [LC] 10:30 🍴 Restaurant of the Month: Bone Fish Grill 2:00 🚶 Stay Active Class with Arturo [AC] 3:30 🍷 Wine presentation with Martin's Wine Co. [BFBB] 6:30 🎬 Popcorn & Movie Night: The Curious Case of Benjamin Button [LR]	19 St. Joseph's Day 8:00 ☀ Daily Packet [LC] 9:30 🚶 Walk the Block [ML] 10:30 🕎 Mass with Reverend Herbert [LR] 11:00 🕎 Rosary [LR] 12:00 🕎 St. Joseph's Day Lunch [LC] 2:30 🌿 American Italian Prize Bingo [BFBB]	20 8:00 ☀ Daily Packet [LC] 9:30 🚶 Walk the Block [ML] 10:00 ⭐ Play a game of Mahjong [LR] 10:00 🛒 Weekly Grocery Trip: Rouses Market 1:30 📖 Storytelling with Lori [HHL] 2:00 🚶 All levels of Yoga Class with Deborah [AC] 3:30 🌿 Making A Shamrock Shake [BFBB] 6:30 🎬 Movie Night: The Notebook [LR]	21 8:00 ☀ Daily Packet [LC] 9:30 🚶 Walk the Block [ML] 2:30 ☀ What's on my mind, the guessing game!!!! [GR] 4:00 ⭐ Rummikub [GR]		
	22 8:00 ☀ Daily Packet [LC] 10:30 🧩 Puzzles in the Parlor [JP] 2:00 ☀ Scrabble with Friends [HHL] 3:30 🚶 Sit and Get Fit Wellness Class [AC]	23 8:00 ☀ Daily Packet [LC] 10:30 🧶 Crocheting with Renea (Arts & Crafts) [AC] 2:00 🚶 Stay Active Class with Arturo [AC] 3:30 ☀ Brain Games: Word Maker [LR] 6:30 🎬 Movie Night [LR]	24 8:00 ☀ Daily Packet [LC] 11:15 🚶 Get Fit Class with the Therapy Clinic [AC] 3:00 📖 Book Club Meets [HHL]	25 8:00 ☀ Daily Packet [LC] 11:30 🚶 Lunch outing to Chick-fil-A 2:00 🚶 Stay Active Class with Arturo [AC] 3:30 🎂 Monthly Birthday Party & Wine presentation with Martin's Wine Co. ! [BFBB] 6:30 🎬 Popcorn & Movie Night [LR]	26 8:00 ☀ Daily Packet [LC] 9:30 🚶 Walk the Block [ML] 10:30 🕎 Mass with Reverend Herbert [LR] 11:00 🕎 Rosary [LR] 2:30 ☀ Prize Bingo! [GR] 3:00 🍳 Cooking Demonstration with Parkway Bakery & Tavern	27 8:00 ☀ Daily Packet [LC] 9:30 🚶 Walk the Block [ML] 10:00 🐾 Love on a Leash Pet Therapy 10:00 ⭐ Play a game of Mahjong [LR] 10:00 🛒 Weekly Grocery Trip: Trader Joe's Market 2:00 🚶 A New Fitness [AC] 3:30 🎵 Jim Walpole [LC] 6:30 🎬 Movie Night [LR]	28 8:00 ☀ Daily Packet [LC] 9:30 🚶 Walk the Block [ML] 4:00 ⭐ Rummikub [GR]		
	29 8:00 ☀ Daily Packet [LC] 10:30 🧩 Puzzles in the Parlor [JP] 1:30 ☀ Scrabble with Friends [HHL] 2:00 ⭐ Prize Bingo with Paige [GR] 3:30 🚶 Sit and Get Fit Wellness Class [AC]	30 8:00 ☀ Daily Packet [LC] 2:00 🚶 Stay Active Class with Arturo [AC] 3:30 ☀ Brain Games: Spintopia [LR] 6:30 🎬 Movie Night [LR]	31 8:00 ☀ Daily Packet [LC] 11:15 🚶 Get Fit Class with the Therapy Clinic [AC] 2:30 🐾 Resident Move in Anniversary Social [BFBB]					<p>The Monthly Activities Calendar is subject to change without advance notice. Any schedule changes will be reflected on the Daily Schedule available in the La Colonnade.</p>	