

# July 2026

## The Carrollton



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Daily Stretches & Exercise <b>1</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 2:00 Parachutes 3:30 Wine Down Wednesday 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Get Fit while you Sit <b>2</b> 10:30 The Daily Chronicles 10:30 Catholic Mass 11:00 Music & Relaxation in the Courtyard - Weather Permitting 11:00 Rosary 2:30 Prize Bingo 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Sittercise <b>3</b> 10:30 The Daily Chronicles 2:30 Depart 3rd Floor for Music 3:00 Sing Along with Rebecca 4:30 Popcorn Party 5:00 Shabbat Dinner 6:00 Evening Movie	10:30 The Daily Chronicles <b>4</b> 11:00 Music & Relaxation in the Courtyard - Weather Permitting 3:00 Table Games - Resident Choice 4:30 Relax & Hydrate 6:00 Evening Movie
10:30 The Daily Chronicles <b>5</b> 11:00 Music & Relaxation in the Courtyard - Weather Permitting 3:00 Table Games - Resident Choice 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Sittercise <b>6</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 2:00 Snowcone Social 3:30 Brain Games: Celebrity Bingo 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Daily Stretches & Exercise <b>7</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 2:00 Resident Town Hall 4:30 Ladies Social 6:00 Evening Movie	10:00 Get fit while you sit <b>8</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 2:00 Threshold Choir NOLA 3:30 Wine Down Wednesday 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Sittercise <b>9</b> 10:30 The Daily Chronicles 10:30 Catholic Mass 11:00 Music & Relaxation in the Courtyard - Weather Permitting 11:00 Rosary 12:00 Meal of the Month 1:00 Prize Bingo 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Get Fit While You Sit <b>10</b> 10:30 The Daily Chronicles 11:00 Love on a Leash Pet Therapy 1:00 Depart 3rd Floor 1:30 Scenic Van Ride 4:30 Relax & Hydrate 6:00 Evening Movie	10:30 The Daily Chronicles <b>11</b> 11:00 Music & Relaxation in the Courtyard - Weather Permitting 3:00 Table Games - Resident Choice 4:30 Relax & Hydrate 6:00 Evening Movie
10:30 The Daily Chronicles <b>12</b> 11:00 Music & Relaxation in the Courtyard - Weather Permitting 3:00 Table Games - Resident Choice 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Get Fit While You Sit <b>13</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 2:00 Memory Ball Toss 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Daily Stretches & Exercise <b>14</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 1:30 Ladies Social 2:00 Horseracing Fun 3:00 Depart 3rd Floor 3:30 Pianist & Singer Ron Jones & Friends 6:00 Evening Movie	10:00 Sittercise <b>15</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 2:00 Balloon Batting 3:30 Wine Down Wednesday 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Daily Stretches & Exercise <b>16</b> 10:30 The Daily Chronicles 10:30 Catholic Mass 11:00 Music & Relaxation in the Courtyard - Weather Permitting 11:00 Rosary 2:30 Prize Bingo 4:30 Stroll Down Memory Lane 6:00 Evening Movie	10:00 Get Fit While You Sit <b>17</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 1:30 Men's Social 3:00 Depart 3rd Floor 3:30 Pianist & Singer Tim Nielsen 6:00 Evening Movie	10:30 The Daily Chronicles <b>18</b> 11:00 Music & Relaxation in the Courtyard - Weather Permitting 11:00 Senior Tech Help 3:00 Table Games - Resident Choice 4:30 Relax & Hydrate 6:00 Evening Movie
10:30 The Daily Chronicles <b>19</b> 11:00 Music & Relaxation in the Courtyard - Weather Permitting 3:00 Table Games - Resident Choice 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Get Fit While You Sit <b>20</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 2:00 Team Sports: Football 3:30 Brain Games: Who Am I 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Daily Stretches & Exercise <b>21</b> 10:15 Painting with Renea 11:15 Music & Relaxation in the Courtyard - Weather Permitting 1:30 Ladies Social 3:00 Depart 3rd Floor for Music 3:30 Kevin Hayes Duo 6:00 Evening Movie	10:00 Sittercise <b>22</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 2:00 Popcorn Party 3:30 Monthly Birthday Party at Wine Down 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Daily Stretches & Exercise <b>23</b> 10:30 The Daily Chronicles 10:30 Catholic Mass 11:00 Music & Relaxation in the Courtyard - Weather Permitting 11:00 Rosary 2:00 Ice Cream Social 3:30 Prize Bingo 6:00 Evening Movie	10:00 Get Fit While You Sit <b>24</b> 10:30 The Daily Chronicles 11:00 Love on a Leash Pet Therapy 1:30 HorseRacing Fun 2:30 Depart 3rd Floor 3:00 Scenic Van Ride 4:30 Men's Social 6:00 Evening Movie	10:30 The Daily Chronicles <b>25</b> 11:00 Music & Relaxation in the Courtyard - Weather Permitting 3:00 Table Games - Resident Choice 4:30 Relax & Hydrate 6:00 Evening Movie
10:30 The Daily Chronicles <b>26</b> 11:00 Music & Relaxation in the Courtyard - Weather Permitting 3:00 Table Games - Resident Choice 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Get Fit While You Sit <b>27</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 2:00 Root Beer Floats 3:30 Brain Games: Stroll Down Memory Lane 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Sittercise <b>28</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 1:30 Ladies Social 3:00 Depart 3rd Floor 3:30 Guitarist & Singer Joe Barbara 6:00 Evening Movie	10:00 Daily Stretches & Exercise <b>29</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 2:00 Memory Ball Toss 3:30 Wine Down Wednesday 4:30 Relax & Hydrate 6:00 Evening Movie	10:00 Get Fit While You Sit <b>30</b> 10:30 Catholic Mass 11:00 Music & Relaxation in the Courtyard - Weather Permitting 11:00 Rosary 1:30 Prize Bingo 2:30 Depart 3rd Floor 3:00 Food Tasting with Manny from La Macarena Restaurant 6:00 Evening Movie	10:00 Sittercise <b>31</b> 10:30 The Daily Chronicles 11:00 Music & Relaxation in the Courtyard - Weather Permitting 1:30 Nostalgia Bingo 2:30 Depart 3rd Floor for Van Ride 3:00 Scenic Van Ride 4:30 Men's Social 6:00 Evening Movie	