

January 2026
Activities Calendar - 3rd Floor - Riverbend



All Activities take place in the Memory Care Great Room unless otherwise noted. The Activities Calendar is subject to change without notice.

Location Keys
La Colonnade
Liberty Room
Memory Care Garden
LC
LR
MCG

"Yesterday was not your defining moment. The calendar moved forward; why not you?"
- Dr. Steve Maraboli



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"Yesterday was not your defining moment. The calendar moved forward; why not you?" — Dr. Steve Maraboli</p>				New Year's Day 1 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 Catholic Mass [LR] 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 11:00 🙏 Rosary [LR] 11:30 📖 The Daily Chronicles Read Aloud 1:30 🕒 Leisure Time: Happy New Year 2:45 🌿 Relax & Hydrate 3:00 🌟 Bingo! 7:00 🏆 2026 Allstate Sugar Bowl	2 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 3:00 🚌 Depart 3rd Floor for Music 3:30 🎤 Tim Nielsen [LC] 4:30 🌿 Relax & Hydrate 6:00 🎬 Evening Movie	3 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Table Games - Resident Choice 6:00 🎬 Evening Movie
4 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Table Games - Resident Choice 6:00 🎬 Evening Movie	5 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🎤 Brain Games: Finishing Lines 6:00 🎬 Evening Movie	6 King's Day 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:30 🍰 King Cake Social 2:45 🌿 Relax & Hydrate 3:00 🎨 Decorating Mardi Gras Umbrellas 4:15 🌿 Relax & Hydrate 6:00 🎬 Evening Movie	7 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Balloon Swatting Game 6:00 🎬 Evening Movie	8 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 🙏 Catholic Mass [LR] 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 11:00 🙏 Rosary [LR] 11:30 📖 The Daily Chronicles Read Aloud 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Bingo! 6:00 🎬 Evening Movie	9 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:30 🚌 Depart 3rd Floor for Van Ride 3:00 🚌 Scenic Van Ride 4:30 🌿 Relax & Hydrate 6:00 🎬 Evening Movie	10 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Table Games - Resident Choice 6:00 🎬 Evening Movie
11 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Table Games - Resident Choice 6:00 🎬 Evening Movie	12 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🎤 Brain Games: Familiar Faces Bingo 6:00 🎬 Evening Movie	13 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🚌 Depart 3rd Floor for Music 3:30 🎵 Amazing Pianist & Singer Ron Jones [LC] 6:00 🎬 Evening Movie	14 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:00 🎵 Threshold Choir NOLA 3:30 🌿 Relax & Hydrate 6:00 🎬 Evening Movie	15 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 🙏 Catholic Mass [LR] 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 11:00 🙏 Rosary [LR] 11:30 📖 The Daily Chronicles Read Aloud 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Bingo! 6:00 🎬 Evening Movie	16 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:30 🚌 Depart 3rd Floor for Van Ride 3:00 🚌 Scenic Van Ride 4:30 🌿 Relax & Hydrate 6:00 🎬 Evening Movie	17 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Table Games - Resident Choice 6:00 🎬 Evening Movie
18 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Table Games - Resident Choice 6:00 🎬 Evening Movie	Martin Luther King, Jr. Day 19 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🎤 Brain Games: Who Am I 6:00 🎬 Evening Movie	20 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🎲 Table Roll the Ball Game 6:00 🎬 Evening Movie	21 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Parachutes 6:00 🎬 Evening Movie	22 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 🙏 Catholic Mass [LR] 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 11:00 🙏 Rosary [LR] 11:30 📖 The Daily Chronicles Read Aloud 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Bingo! 6:00 🎬 Evening Movie	23 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:30 🚌 Depart 3rd Floor for Van Ride 3:00 🚌 Scenic Van Ride 4:30 🌿 Relax & Hydrate 6:00 🎬 Evening Movie	24 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Table Games - Resident Choice 6:00 🎬 Evening Movie
25 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Table Games - Resident Choice 6:00 🎬 Evening Movie	26 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🎤 Brain Games: Think Fast 6:00 🎬 Evening Movie	27 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🚌 Depart 3rd Floor for Ball 2:45 🌿 Relax & Hydrate 3:00 🎲 The Carrollton's Mardi Gras Ball [LC] 6:00 🎬 Evening Movie	28 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🎂 Monthly Birthday Celebration 3:00 🌟 Table Games - Resident Choice 6:00 🎬 Evening Movie	29 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 🙏 Catholic Mass [LR] 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 11:00 🙏 Rosary [LR] 11:30 📖 The Daily Chronicles Read Aloud 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Bingo! 6:00 🎬 Evening Movie	30 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:30 🚌 Depart 3rd Floor for Van Ride 3:00 🚌 Scenic Van Ride 4:30 🌿 Relax & Hydrate 6:00 🎬 Evening Movie	31 9:30 🎵 Morning Music 10:00 🏃 Daily Stretches & Exercise 10:20 🌿 Relax & Hydrate 10:30 📖 The Daily Chronicles 11:00 🎧 Music & Relaxation in the Courtyard - Weather Permitting [MCG] 1:30 🕒 Leisure Time: 2:45 🌿 Relax & Hydrate 3:00 🌟 Table Games - Resident Choice 6:00 🎬 Evening Movie