




		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Location Keys</b></p> <p>LaColonade LaC art/crafts AC ben franklin bar/bistro BFF dining room dr fitness center FC meditation room mr</p>					"Activities subject to change. All accurate and current activities will be posted on the TV on the main floor daily"	10:00 Stretching with Ashley [FC] <b>1</b> 10:30 mass [mr] 11:30 Self-care hand massages (1:1) 3:00 Tea Party Tasting [BFF]	2 10:00 Stretching with Ashley [FC] 11:30 Self Care Hand Massages 1:00 Town Hall Meeting 3:00 Bingo Friday,s [BFF]	3 8:30 exercise on (tv) 10:30 music stimulation 11:30 Self Care Hand Messages 3:30 saturday stimulation
		4 10:00 TV mass [mr] 12:00 Prayer with Pastor Cardi (1:1) [LaC] 2:30 music stimulation 2:30 sunday matinee	5 10:00 Stretching with Ashley [FC] 11:00 Music Therapy by Clarrissa [BFF] 3:30 The Carrollton's first Mardi Gras Ball [dr]	6 10:00 Stretching with Ashley [FC] 11:00 Shopping Day Target (Sign Up At The Front Desk) 1:00 Bingo with Alexis [BFF] 3:00 Movie night and popcorn The Pink Panther(1963)	7 10:00 Stretching with Ashley [FC] 10:30 rosary by Gayle [mr] 11:30 Self Hand Care Massages 1:00 SOFT MUSIC WEDNESDAY 2:30 Balloon volleyball	8 10:00 Stretching with Ashley [FC] 10:30 mass [mr] 11:30 Balloon volleyball 2:00 Throwback Thursday sitcoms	9 10:00 Stretching with Ashley [FC] 11:00 1:1 checks 1:00 Birthday Celebration 3:00 Bingo Friday,s [BFF]	10 8:30 exercise on (tv) 10:30 music stimulation 3:30 saturday stimulation
		11 10:00 TV mass [mr] 12:00 Prayer with Pastor Cardi (1:1) [LaC] 2:30 music stimulation 2:30 sunday matinee	12 10:00 Stretching with Ashley [FC] 11:30 Table games [BFF] 1:30 Lundi Gras Social [BFF] 3:30 Hymnal sing along w/ Sussie	13 7:00 Mardi Gras Day Parade (TV) Laissez lebom temps rouler 1:00 Bingo With Domonique (CNA) [BFF]	14 <b>Valentine's Day</b> 10:00 Stretching with Ashley [FC] 10:00 Stretching with Ashley [FC] 10:30 rosary by Gayle [mr] 2:00 Adult coloring With Ashley 3:30 VALENTINES DAY CARDS	15 10:00 Stretching with Ashley [FC] 10:30 mass [mr] 11:30 Self-care hand massages (1:1) 3:00 BAKING CLASS WITH KHELISE [BFF]	16 10:00 Stretching with Ashley [FC] 11:30 Table Games 1:30 Anew You Fitness (Line Dancing Class) 2:00 Sit and chat (1:1) 3:00 Bingo Friday,s [BFF]	17 8:30 exercise on (tv) 10:30 music stimulation 3:30 saturday stimulation
		18 10:00 TV mass [mr] 12:00 Prayer with Pastor Cardi (1:1) [LaC] 2:30 music stimulation 2:30 sunday matinee	19 <b>Presidents' Day</b> 10:00 Stretching with Ashley [FC] 11:30 Table games [BFF] 2:00 Arts/Crafts [AC] 3:30 Bolloon Game With Ashley	20 10:00 Stretching with Ashley [FC] 1:30 Bingo with Alexis 2:00 1:1 Check-ins 4:00 Movie night and popcorn(Grease)	21 10:00 Stretching with Ashley [FC] 10:30 rosary by Gayle [mr] 2:00 Adult coloring With Ashley 3:30 SOFT MUSIC WEDNESDAY	22 10:00 Stretching with Ashley [FC] 10:30 mass [mr] 11:30 Self-care hand massages (1:1) 2:00 New Orleans School Of Cooking (Gumbo Making Class ) [BFF]	23 10:00 Stretching with Ashley [FC] 11:00 Self Care Hand Massages 1:30 Anew You Fitness (Line Dancing Class) 3:00 Bingo Friday,s	24 8:30 exercise on (tv) 10:30 music stimulation 3:30 saturday stimulation
<p>"Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour." — John Boswell</p>	25 10:00 TV mass [mr] 12:00 Prayer with Pastor Cardi (1:1) [LaC] 2:30 music stimulation 2:30 sunday matinee	26 10:00 Stretching with Ashley [FC] 10:30 Puzzle Monday's 11:30 Table games [BFF] 2:00 Arts/Crafts [AC] 3:30 Hymnal sing along w/ Sussie	27 10:00 Stretching with Ashley [FC] 11:00 Self Hand Care Massages 1:30 Bingo with Alexis 2:00 1:1 Check-ins 4:00 Movie night and popcorn (Castaway)	28 10:00 Stretching with Ashley [FC] 10:30 rosary by Gayle [mr] 11:30 Sit And Chat 2:00 KICKBALL GAME With Ashley 3:00 SOFT MUSIC WEDNESDAY	29 10:00 Stretching with Ashley [FC] 10:30 mass [mr] 11:30 Self-care hand massages (1:1) 2:00 Throwback Thursday sitcoms 3:00 Jazz Music Thursday	Sign up for outings in the lobby!		